Staff nurses' knowledge regarding holistic nursing care

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Abstract

Background: Holistic nursing care concepts are included in the nursing curriculum but still it appears to be a vague concept which makes it difficult for the staff nurses to put it into practice. Knowledge regarding holistic nursing care is essential in providing high quality care and increased patient satisfaction. Aims and Objectives: To assess the knowledge of staff nurses regarding holistic nursing care. Materials and Methods: Study was conducted in a selected hospital of Udupi District using a comparative survey design. The study involved convenient samples of 150 staff nurses with at least one year of experience as registered nurses. Questionnaires on demographics and knowledge on holistic nursing care were prepared. Results: Ninety two percent of the nurses were in between 20 to 30 years, 88% were females, 68.7% were GNM qualified, 85% of them had experience within 1-5 years, and 56% of them were working in Intensive Care Units ICUs. The study also revealed that majority (58%) of the nurses had average knowledge regarding holistic nursing care.

Key words: Knowledge, Holistic nursing care, Staff nurses