Paediatric nursing: Importance of speciality training

The changes in the health care delivery system in the technological era demands a nurse to be competent in performing her role. Emphasis on technology, cost effectiveness, patient safety, decrease in the length of stay, shifting care from in-patient to community based setting requires the nurse to be trained in speciality areas.

Paediatric and neonatal intensive care units are the high stressed areas with highly technical environment that require multifaceted skills. This include not only learning the technology but also developing the skill in caring. The number of nurses specialized to provide care to children and adolescents are fewer. Mentoring programmes, preceptor concept are helpful for the nurses to gain knowledge and skill.

Shortage of nursing, scarcity of nurses who are specially trained in paediatric speciality, the increasing attention to the care of elderly increase the demand of the paediatric nurses. Human resource development, importance to specialty training, attention to improving the working condition are the activities that need to be given importance to ensure good nursing care to the neonates, children, and their families.

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